

## Bead Bag Instructions:

Please use the following directions for sewing bead bags to ensure consistency.

### Materials needed (per bag):

- 2 pieces 9x12" focus fabric
- 2 pieces 9x12" lining fabric
- 2 pieces cording or ribbon 26"
- Beads of Courage Bead Bag label and "caring artist card"

### Instructions:

1. Sew Beads of Courage label in middle lower part or right corner of 1 piece of focus fabric.
2. Stitch pieces of focus fabric together along long edge.
3. Do the same process with lining fabric and iron the seams open.
4. Turn lining fabric right side out and place into focus fabric (right sides will be facing each other).
5. Stitch 1/4" from the top all the way around top.
6. To attach fabric together, iron seam open and turn right side out- focus fabric will be facing out now.
7. To make the "tunnel" for the cording, stitch all the way around 1/2" from the top catching both the focus and lining fabrics.
8. Reinforce at the side seams using reverse stitch.
9. Stitch all the way around 1 1/4" from the top catching both focus and lining fabrics.
10. Reinforce at side seams.
11. Using a seam ripper, open at side seams through the focus fabric only.
12. Turn bag inside out, and serge layers at the bottom together.
13. Turn right side out, and using a safety pin, thread cording through the 'tunnel' starting at one seam opening and ending at the same seam.
14. Repeat starting at the other seam.
15. Please include a "caring artist card" in each bag.

\*A heartfelt Thank You to Nancy Fay for providing these detailed bead bag instructions.

**Beads of Courage, Inc. is a non-profit organization that is dedicated to improving the quality of life for children and teens coping with serious illness, their families, and the clinicians who care for them through our Arts-in-Medicine Programs. We believe in creating a context for caring transactions to transpire through our community and encouragement programs.**

**We appreciate all of your time and dedication to support our mission.**

